



Think ***FAST*** about Stroke



Learn the sudden warning signs of stroke so you can recognize and respond to stroke ***FAST***.

STROKE is an **EMERGENCY**

Use **FAST** to remember warning signs of stroke:



FACE: Ask the person to smile. Does one side of the face droop?



ARMS: Ask the person to raise both arms. Does one arm drift downward?



SPEECH: Ask the person to repeat a simple phrase. Is their speech slurred or strange?



TIME: If you observe any of these signs, **call 9-1-1 immediately.**

Information provided by the National Stroke Association - www.stroke.org

Visit the CommonHealth website for more information – www.commonhealth.virginia.gov